

Rebecca's Story

“Rebecca came to live with us after her parents left. For most of her childhood, she endured physical and emotional abuse and really started to struggle during her junior year of high school. She had just left a toxic romantic relationship, was failing all her classes and became withdrawn from peers and family.

We were referred to the Parent Child Resource Center (PCRC) after she started hurting herself and was talking about suicide. Initially, Rebecca was placed in an Intensive Outpatient Program but found it too difficult to participate and was transferred to an outpatient clinician. The clinician helped her process any past trauma and challenges and she learned ways to cope with her pain and emotions.



I am happy to say she has passed all of her classes this year and should graduate on time. She has not self-harmed in almost a year and has not talked about suicide. She does things with her friends again and is even looking for a parttime job. She is in a healthy relationship where she learned how to set clear boundaries. Thanks to the services Rebecca received at PCRC, she is living a healthy life.”

~ Rebecca's aunt & uncle