



*Healing Today,  
Transforming Tomorrow*

2024 Impact Report

  
**BHcare**  
A Certified Community  
Behavioral Health Clinic



# Highlighting your *impact!*

Over 15,000 children, adults  
and families received  
BHcare services.



## SHORELINE FACILITY

Groundbreaking for our new Shoreline facility to house our outpatient and support services under one roof!



## GENOA HEALTHCARE

An on-site pharmacy opened at our Valley clinic.



## A CHANCE TO SHINE

Our annual fundraising event raised over \$400,000!



## BACK TO SCHOOL

167 children received school supplies through our Back-to-School project.



## UNDER THE TREE

Holiday wishes were granted to 593 clients.



## ALLIANCE FOR PREVENTION & WELLNESS

APW received \$845,000 in new funding for prevention training and education.



## MYRA KRAFT COMMUNITY MVP AWARD

My Sister's Place volunteer Joan LeMay awarded \$10,000 for The Umbrella Center!

Thank you for believing in our mission!  
*BHcare provides comprehensive behavioral health,  
prevention and domestic violence services that  
improve the lives and health of the individuals,  
families and communities we serve.*



**YOU** help  
our clients shape a  
*positive future*

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**2,954**

adults received  
clinical services

**95,552**

adult clinical  
services were provided

“After my second DUI, I started services at BHcare. My ongoing treatment consists of weekly one-on-one counseling, two group therapy sessions that meet twice a week and medication management for my bipolar disorder. The support I receive has been a great comfort and stress reliever. My anxiety over facing jail time is nearly gone thanks to the constant communication my clinician has with my probation officer. I’m very proud and happy to say I’ve been sober since August of 2023.”

~ Michelle



Michelle has the tools to cope with difficult situations and to make better decisions to keep her on the path to recovery.



**YOU help  
domestic violence  
victims**

*feel safe*

**6,004**

received domestic  
violence services

**246**

women and children  
received shelter in  
our safe house

“After losing custody of my first daughter due to domestic violence several years ago, I thought it was a blessing that God gave me another chance to have a child. What I didn’t expect was to be involved in another abusive relationship. Fortunately, it was different this time because I had the support of The Umbrella Center for Domestic Violence Services. After a short stay in their shelter, they helped me secure housing and the essentials needed for my baby girl. I now am an independent mom who doesn’t have to rely on anyone, and my daughter and I are happy and safe.”

~ Monica



Today, Monica and her daughter are safe and looking forward to a future that is not only about surviving but also about thriving.



**YOU** help children  
and families

*heal*

**16,214**

children's clinical  
services were provided

"My 15-year-old daughter Lilia experienced the loss of 15 people over a short period. This trauma caused her to become withdrawn and argumentative, often isolating herself in her room for most of the day. I didn't realize how serious the situation was until she ended up in the hospital due to a suicide attempt.

We were referred to the Parent Child Resource Center, where Lilia received individual therapy and participated in an Intensive Outpatient Program. Through this program, she developed coping skills and began to process her trauma. My husband and I also learned how to support her and rebuild our trust with her. We are incredibly grateful for everything the Parent Child Resource Center has done for us."

~Lilia's Mom



Lilia now manages her emotions as they come and  
is prepared to deal with any future challenges.

**YOU** help our communities

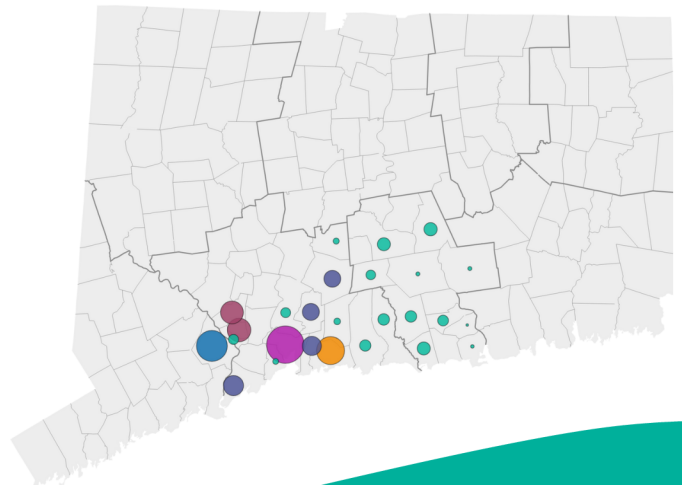
*promote wellness*

**5,617**

children and adults received  
prevention education and training

"Our teachers really appreciated the information the Alliance for Prevention and Wellness shared with us. We feel that the impact of gambling on a person's health may be no different than substance misuse. This was valuable for all teachers, no matter the grade level, to share and continue to help us raise awareness in our students, parents and school community to help prevent the many negative consequences of gambling and the negative impact on an individual's overall well-being."

~ Brad, Curriculum Director of Health Education,  
Shelton Schools



Our youth and adults are equipped with the tools and knowledge to  
prevent risky behaviors and create healthier communities.



We'd like to thank all  
our donors for your  
*generous support*

**813**  
donors contributed  
**\$694,263**

## My Sister's Place

**\$600,000+**

record-breaking sales

more than

**6,200**

volunteer hours donated



## The Clothing Bank

**250,000+**

clothing pieces distributed

more than

**4,200**

volunteer hours donated

Because of **YOU**, over **15,000** children, adults and families  
have made significant progress today, and  
lasting changes for a happy, healthy future.

Thank you for ***Healing Today, Transforming Tomorrow.***



BHcare.org  
(203) 800-7177

Donate here:

