

Substance Use Disorder IOP

About the Program:

The **Substance Use Disorder IOP** is designed to assist clients in achieving lasting sobriety. Utilizing a variety of evidence-based best practices, our clinicians work with group members to support their recovery from substance use disorder.

Program Goals:

- Learn about substance use disorder
- Gain Coping skills to manage craving and triggers
- Build a sober support network
- Develop a relapse prevention plan

IOP Details

Meets: Tuesday,
Wednesday & Thursday

Time:
4:30 PM - 7:30 PM

Location:
28 Branford Rd.
North Branford, CT 06471

Call **(203) 800-7177** or visit **BHcare.org** to learn more.

